

SAMPLE HIGH SCHOOL PLAN

General High School

For students planning to go directly into the workplace or the military

	Suggested Credits	Possible Courses
English	4 credits	Composition, literature, rhetoric, creative writing, journalism (<i>Suggested courses should stress grammar, vocabulary, and communication skills.</i>)
Math	3 credits	Algebra I and 2, geometry, general math, consumer math, business math, accounting
History	2–3 credits	World history, American history, United States government
Science	2–3 credits	Physical science, general science, earth science, biology, chemistry, physics
Foreign language	1–2 credits	French, Spanish, Latin, German, Russian, etc. (<i>optional</i>)
Physical education	1–2 credits	<i>Many options are available.</i>
Fine arts	1–2 credits	Art, music, drama, photography, etc.
Electives	6 credits	Practical arts, life skills, Bible, computer skills, etc.
Total credits	20–22* credits	

* Most states count a one-year course as equaling 1.0 credit and a semester course as equaling 0.5 credit. In California, a one-year course is 10.0 credits and a semester course is 5.0 credits. In New Jersey, a one-year course equals 5.0 credits and a semester course equals 2.5 credits. In Indiana and Idaho, a one-year course equals 2.0 credits and a semester course equals 1.0 credit.

SAMPLE HIGH SCHOOL PLAN

Average to Strong College Prep

Check with colleges to which your teen plans to apply for specific admission requirements.

	Suggested Credits	Possible Courses
English	4 credits	American literature/composition, British literature/composition, world literature/composition, rhetoric, creative writing, speech/communication, journalism, debate (<i>Also consider AP or college courses.</i>)
Math	3–4 credits	Algebra 1 and 2, geometry, precalculus/trigonometry, statistics, calculus, AP statistics, AP calculus
History	3–4 credits	Essentials: world history, American history, United States government (<i>Also consider economics, geography, constitutional law, and AP courses.</i>)
Science	3–4 credits	Physical science, earth science, biology, chemistry, anatomy and physiology, physics (<i>Also consider AP courses.</i>)
Foreign language	2–4 credits	French, Spanish, Latin, German, Russian, etc. (<i>At least two years of the same language is preferred.</i>)
Physical education	1–2 credits	<i>Many options are available.</i>
Fine arts	1–2 credits	Art, music, drama, photography, etc.
Electives	6 credits	Practical arts, life skills, Bible, computer skills, etc.
Total credits	24–28* credits	

* Most states count a one-year course as equaling 1.0 credit and a semester course as equaling 0.5 credit. In California, a one-year course is 10.0 credits and a semester course is 5.0 credits. In New Jersey, a one-year course equals 5.0 credits and a semester course equals 2.5 credits. In Indiana and Idaho, a one-year course equals 2.0 credits and a semester course equals 1.0 credit.

SAMPLE HIGH SCHOOL PLAN

Rigorous College Prep

For students applying to a highly selective college

	Suggested Credits	Possible Courses
English	4+ credits	American literature/composition, British literature/composition, world literature/composition, rhetoric, creative writing, speech/communications, journalism, debate (<i>AP or dual-enrollment college courses are strongly recommended.</i>)
Math	4+ credits	Essentials: algebra I and 2, geometry, precalculus/trigonometry (<i>Also consider calculus, statistics, and accounting. AP or dual-enrollment college courses are strongly recommended.</i>)
History	4+ credits	Essentials: world history, American history, United States government (<i>Also consider geography, sociology, psychology, political science, constitutional law, etc. AP or dual-enrollment college courses are strongly recommended.</i>)
Science	4+ credits	Physical science, biology, chemistry, physics, anatomy, microbiology (<i>AP or dual-enrollment college courses are strongly recommended.</i>)
Foreign language	3–4 credits	French, Spanish, Latin, German, Russian, etc. (<i>At least two years of the same language is preferred.</i>)
Physical education	1–2 credits	<i>Many options are available.</i>
Fine arts	1–2 credits	Art, music, drama, photography, etc.
Electives	5 credits	Practical skills, Bible, computer skills, etc.
Total credits	26–30* credits	

* Most states count a one-year course as equaling 1.0 credit and a semester course as equaling 0.5 credit. In California, a one-year course is 10.0 credits and a semester course is 5.0 credits. In New Jersey, a one-year course equals 5.0 credits and a semester course equals 2.5 credits. In Indiana and Idaho, a one-year course equals 2.0 credits and a semester course equals 1.0 credit.